

SHYFTING TIMES

SHYFT Youth Services' Society

Volume 4, Issue 3

www.shyft.ca

Special points of interest:

- MULTICULTURAL SHYFT
- First Annual SHYFT Amazing Race!!
- YOUTH USING SHYFT EVERYDAY
- AUTO DOLLARS FOR SHYFT



Scan our QR Code with your smart phone to visit our website.

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@shyftthouse

**SHYFT
HOUSE**

**Safe place;
Staff support;
7 beds; 24/7.**

MULTICULTURAL SHYFT

Our staff seized the day of the Multicultural Food Festival to promote SHYFT, serve delicious food, raise needed funds and have fun at the same time. The menu was from the Caribbean island of Barbados: Curried Chicken & Mushrooms, Rice with Beans, Caribbean Fruit Shakes and Pineapple Pie.

Our sincere thanks to Cheyenne Burke, Tanika Seabrook, Wendy Lawrence, Dani Mossman and Benton Gallagher. Their hard work raised \$ 401.11 for SHYFT.



Photo Tanika Seabrook (left) and Cheyenne Burke, at the Multicultural Festival.

First Annual SHYFT Amazing Race!!

This is a fast-paced, exciting, fun, and often hilarious race around Yarmouth. You and a teammate will travel around town to various locations, solving clues and completing fun tasks. Your race will lead you to some familiar and happening spots in our town, all in a mad dash to be the first to cross the finish line!

Best of all, money raised by this awesome adventure will help SHYFT.

Your registration fee includes BBQ lunch for you and your teammate!

Register on-line via our website: www.shyft.ca

Prizes Winners will be awarded with fabulous prize packages, with lots of exciting goodies! Not to mention the bragging rights as winners of the SHYFT Amazing Race!

For more information, or to VOLUTEER, please call 902-881-3111 or email Tanika at

tanikaseabrook@hotmail.com

Race Day begins at 10:00am on Saturday, August 23, 2014. The starting line is at SHYFT House (6 Trinity Pl, Yarmouth).

Teams Each team is made up of two racers. Teams can be individuals or representatives of local organizations or companies.

Registration Fee Registration is \$40.00. Cash or cheques will be accepted on Race Day at SHYFT House (please make all cheques payable to SHYFT Youth Services' Society)

Early registration is available for the discounted fee of \$30.00. If your team registers before 5:00pm on August 15, 2014, you can take advantage of our early registration and save \$10.00!!

YOUTH USING SHYFT EVERY DAY

SHYFT Youth Services' Society
www.shyft.ca

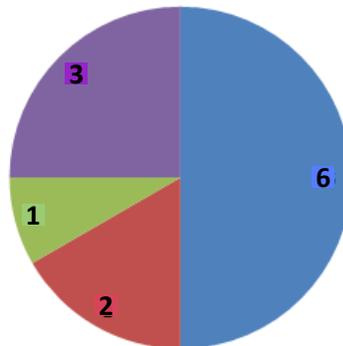
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**SHYFT
HOUSE**

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■ Home
■ SHYFT
■ Independent Living
■ Other Shelters



On June 30th, SHYFT completed its first quarter of 24/7 service, after receiving funding from DCS for operation beginning April 1.

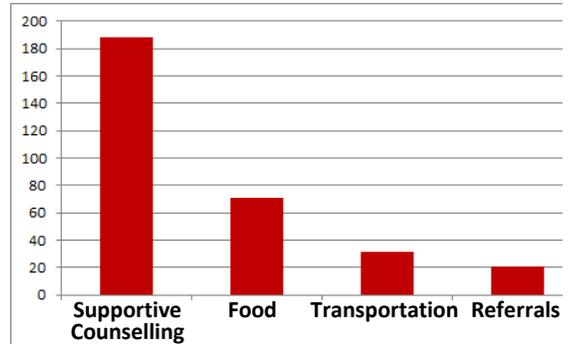
What have we done during that time ?

We have provided transitional housing to eleven individual youths who were experiencing homelessness in Yarmouth and Shelburne Counties. Of the eleven, six moved on to independent living, one transitioned back to their home, two moved on to homeless shelters (Halifax), and three continue to reside at SHYFT. The average age of youth living at SHYFT is 18.5 years old. The oldest resident was 24, and the youngest was 16. There were 4 females and 8 males (see **Figure below**).

On a drop-in basis, SHYFT provided support services to 53 individual youth. The average age of drop-in youth was 18.5, with the oldest being 24 and the youngest being 16. There were 39 females and 14 males.

Of the services offered to drop-in youth (see **Figure opposite**), *Supportive Counselling* was accessed 188 times, *Food* (meals and groceries) was accessed 71 times, *Transportation*

(to appointments, meetings, etc...) was accessed 32 times, and 21 *Referrals* were made to outside agencies (Mental Health and Addictions, Split Rock, Black Employment Centre, Tri-County Women's Centre, etc.).



What have we learned?

The issue of youth homelessness in the Tri-Counties is one that is often overlooked, or not observed at all. Many youth tend to "couch surf" (stay with friends or family, moving from home to home until they are able to live independently). As such, many youth do not identify themselves as being "homeless" at all. Since we do not often observe homeless youth on our streets, we tend to subscribe to the misconception that "if we can't see it, there isn't a problem."

By examining the number of youth who have accessed residential and drop-in services at SHYFT, we can clearly see that there is a dire need for government and community organizations to address the issue of youth homelessness in Southwest Nova Scotia. SHYFT is proud to be at the forefront of this important initiative, and will continue to support and advocate for the at-risk and homeless youth in our community.

AUTO DOLLARS FOR SHYFT



Brent Bullerwell and Bob Gray of Three Forty Automotive Ltd. held a grand opening on June 21st. At that time, they held a BBQ and donated the proceeds, \$ 300, to SHYFT. A generous gift. Thank you !

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