

SHYFTING TIMES

SHYFT Youth Services' Society

Volume 5, Issue 2

www.shyft.ca

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A YEAR IN THE LIFE OF SHYFT

On April 1, 2014, SHYFT re-opened, offering 24/7 services. Looking back over the past year, we are reminded of all the youth who used our services: 41 individuals stayed at SHYFT for an average time of 24 days, and 108 youth used our outreach services, throughout the tri-counties.

Aside from providing a place for youth to live, SHYFT provides supportive counselling, transportation, accompaniment to appointments (doctors, court, etc...), meals and groceries, clothing, hygiene products, access to washrooms, showers, internet and phone services, as well as a safe, welcoming, judgment-free environment for youth. SHYFT also provides advocacy on an individual basis, as well as social advocacy to effect change in policies and regulations pertaining to homeless and at-risk youth.

Are we being effective? We'll let the youth be the judge of that.

"I really don't know where I would be without SHYFT. My parents kicked me out of the house, and I had nowhere to go... If SHYFT wasn't here, I'd have been on the streets." - 20 year old female

"SHYFT saved my life. I was ready to kill myself. I had no one, and I was always drunk or stoned. If it wasn't for the staff here, I probably would have committed suicide." - 21 year old male

A.G.M. GUEST SPEAKER: DR. TATIANA CARREIRA

The Annual General Meeting of the SHYFT Youth Services' Society, will be held at 6.00 pm, on Tuesday 9 June 2015, at the Yarmouth Public Library.

Come out and meet our special guest, Dr. Tatiana Carreira, from Mental Health and Addiction Services, who will speak about her work with young adults. She has gladly volunteered her time to present several workshops to our residents on their chosen topics.



PHOTO

Dr. Tatiana Carreira,
Mental Health & Addictions Services,
Nova Scotia Health Authority.



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**SHYFT
HOUSE**

**Safe place;
Staff support;
7 beds; 24/7.**

WINTER WARMTH

A warm sweater, long underwear and snug jacket can make a huge difference to winter comfort; and this winter has been long and intense. In response, the youth of Ecole Secondaire de Clare came through with boxes of clothing just in time for the January cold.



This generosity is much appreciated by our youth and adds a surprise package to our services.
Thank you.

PHOTO (ABOVE)

From left to right: Evan Nemeth (SHYFT outreach worker), Julienne Theriault, Jared Barkhouse, Josée Saulnier, Shane Robicheau, Kelsey Boyd, Patrick Comeau, Jordan Maillet, Lianne Comeau.

WHAT SHYFT MEANS TO ME

“SHYFT has made a huge impact on my life this past year. It’s more than just a Youth Transitional Home, it is a place in which people can learn and grow, build new relationships, and learn practical skills to help them with their lives. SHYFT has given me a roof over my head, and food in my mouth, but more importantly, they gave me a family. I’ve made so much progress and made unforgettable memories. I wouldn’t be who I am now without SHYFT.”

Yours truly, 18 year old male

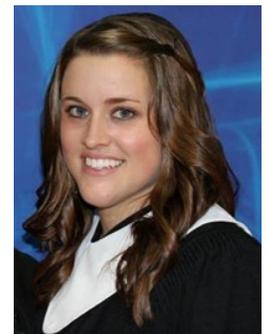
SHYFT HERE TO HELP

“SHYFT has helped me by feeding me, and giving me support with my anxiety and depression. I’ve come here to socialize with friends and I’ve met lots of new people. No matter what you need, SHYFT will always do their best to help.”

16 year old female

STAFF FEATURE

Support Worker, Brittany Deveau, enjoys working for SHYFT because working with youth has always been her passion. She says, “It pleases me to know I work for an organization that helps youth, in various ways, in our community.”



Editor: Leslie Robinson
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