

SHYFTING TIMES

Special points of interest:

- Funding Update
- Can You Help?
- New SHYFT Programmes
- Fuss Ball, Anyone?

SHYFT Youth Services Society

Volume 1, Issue 4

Funding Update

From the Province

As we anticipated in the August edition of SHYFTING TIMES, the Provincial Minister of Community Services, Ms. Denise Peterson Raffuse, and some of her staff, met with SHYFT representatives in late September in Halifax. We are happy to report that the Department has now provided SHYFT with a contribution “to assist you in current operational challenges.”

However, this was only a short-term gesture and there is no long-term commitment from the government to provide on-going funding.

Further discussions are being held but SHYFT’s finances remain in crisis.

RBC Staff Choose SHYFT

Local staff at the Royal Bank of Canada (RBC) were asked to select a deserving charity to receive financial support from the RBC Foundation. They chose SHYFT Youth Services and made the cheque presentation recently at the bank branch in Yarmouth. We are most grateful for this generosity donation of \$ 1,000 and for the local support of R.B.C. staff.



From LEFT to RIGHT:

Sylvia Pothier, Bob MacLeod, Helen Paquette (SHYFT Project Manager), Berton Murphy (Manager, RBC Yarmouth), Gilles Babin

Can you help?

Believe it or not, but there are still many people in the Tri-County area who are unaware of SHYFT and its services for at-risk youth. To help spread the word, we have launched a Public Relations’ Team and need your help with:

- Developing this newsletter
- Designing and distributing hand-outs and posters
- Web page design
- Using social media (eg. facebook)

- Building contacts with local media
- Other publicity initiatives

SHYFT is also looking for volunteers to join our Fund Raising Team to plan such things as:

- The upcoming Toque Campaign
- A Yarmouth’s Got Talent Show
- Donations of food and personal items
- Other funding initiatives

Can you help us, or do you know someone with any of these skills ?

Please contact us at:

 shyftsociety@gmail.com

 742-5542 (Ask for Leslie)

New SHYFT Programmes

SHYFT Youth Services Society

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**Please visit our
website at
www.SHYFT.ca**

Steve Paquette, from Mental Health and Addiction Services at South West Health has provided presentations on Mindfulness and Stress and held a few mindfulness classes here at SHYFT with the residents and the staff. We also had Melissa Reede, outreach worker for Juniper House, do a presentation on Healthy Relationships. This was very informative for the residents. We are working on putting a monthly calendar together for the house to include in-house programming, and upcoming events. Upcoming in December are such activities as Christmas Arts and Crafts for Friends and Family, Youth Haircuts for Christmas, Christmas Door Wrapping and Drinking Responsibly. Additional programming topics will include but not limited to: substance abuse, sexual health, healthy relationships, self-esteem and conflict resolution.

Submitted by Helen Paquette, SHYFT Project Manager

Community Support

Donations of groceries and personal items will be gratefully received at the SHYFT House at 6, Trinity Place, (corner with Argyle Street), Yarmouth. Tel 881-3111. Financial donations are also welcome. Please make your cheque payable to The Tri-County Women's Centre who will issue tax receipts for amounts of \$ 20 or more. Call 742-0085 for details.

Fuss Ball Anyone?

Thanks to a kind donation by Jacquie Butler, SHYFT now has a wonderful fuss ball game: a great source of entertainment for all ages.

Staff person Aaron Allen recently challenged Stephen Sollows; see the action in picture below.



Editor's Note

As winter approaches, please remind your family and friends of the importance of SHYFT. We do appreciate every gesture of support.

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